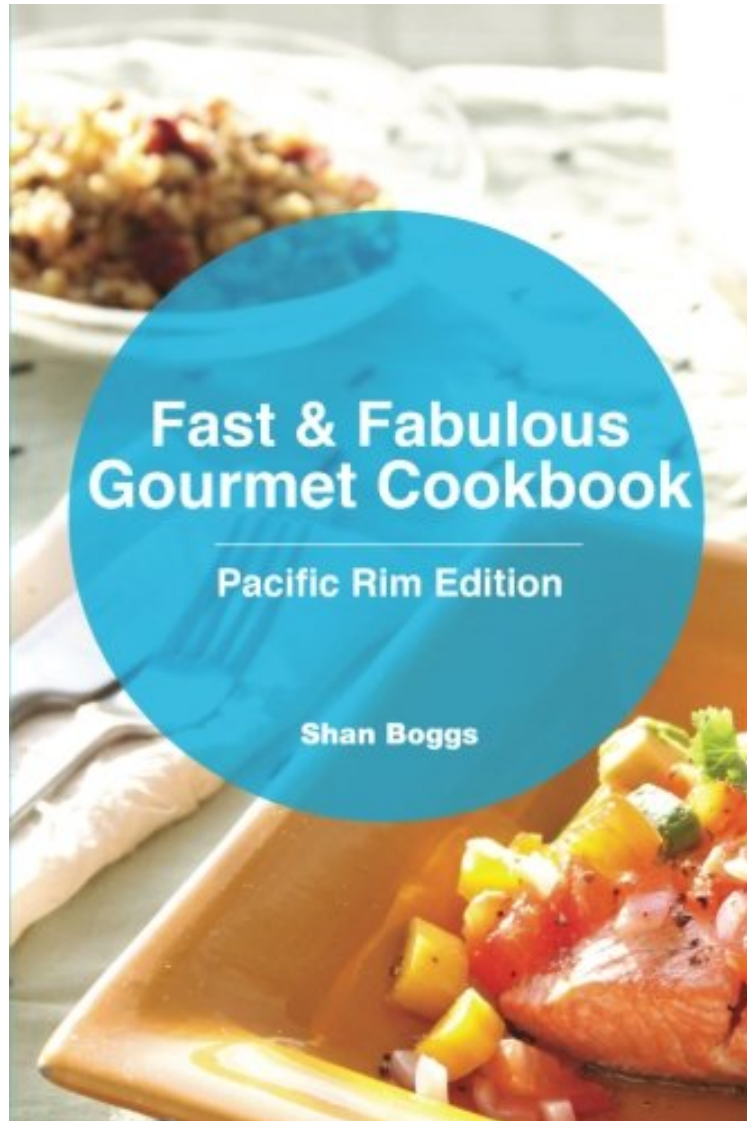


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Fast Fabulous Gourmet Cookbook - Pacific Rim Edition

Shan Boggs

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Shan Boggs : Fast Fabulous Gourmet Cookbook - Pacific Rim Edition before purchasing it in order to gage whether or not it would be worth my time, and all praised Fast Fabulous Gourmet Cookbook - Pacific Rim Edition:

5 of 5 people found the following review helpful. A must-have to newbie cooks!By sarah2013Just made the broccoli casserole and jalapentilde;o corn bread for my family's gathering and boy, are those good! The recipes were easy to follow and fool-proof, even for people like me who rarely cooks, I was able to make the dishes to where everyone loved them! The kindle version is especially good since i can read it on an iPad in the kitchen! I'm going to make

pumpkin bread and sweet potato bread next--those are my two favorite fall vegetables and I can't wait to see how they turn out!8 of 8 people found the following review helpful. Very good!By ck1twoI made the chocolate cream pie and coconut cream pie for a dinner party recently. The recipes were very easy, and both pies were absolutely delicious! I personally loved the chocolate cream pie as is, but next time I think I would add a little more coconut to the other pie (I love coconut). Thanks Shan!0 of 0 people found the following review helpful. Easy, delightful, super delicious!By jeannieI'm not a fancy cook, and really enjoyed the simplicity of this collection. I tried all the vegetarian recipes, including the Velvet Chocolate Cake which was egg free. All I can say is that I made a cake from scratch and it was kid-approved! And it was vegan (I made a vegan version of the frosting)! I brought it to a holiday party and it was gobbled up, and I'm surprised it was so tasty despite it being very simple to make. What is also good about these recipes is that they are like a simple backbone for a great dish, but you can jazz it up where you want, or alter however you'd prefer. Fun, easy to follow, easy to personalize, but best of all, delicious :)

Fast and Fabulous Gourmet Cookbook Pacific Rim Edition features 75 must-have healthy and delicious recipes that can be prepared in minutes. Written with a minimalist approach to gourmet food ndash; it gets you out of the kitchen and to the table faster. Improve your quality of life ndash; one bite at a time!

About the AuthorShan Boggs is the writer and creator of over 200 delicious recipes for the Fast and Fabulous Gourmet Cookbook series - Mediterranean, Pacific Rim and Diet editions. "I have known Shan Boggs for more than 20 years, both professionally and personally. Although we've always had in common that we're both editors and writers, the core of our friendship has revolved around our love of food. I dropped by Shan's house one recent evening and she quickly and efficiently "threw together" a gourmet feast with artichokes and hearts of palm salad in a delicious French vinaigrette; a thick, rich hummus that tasted authentically Mediterranean accompanied by fresh-baked olive dill bread; a heavenly guacamole; one of her new creations - mango gazpacho; hearty tomato basil soup; then a main course of delicate white fish with garlic soy sauce; and topping it off for dessert - orange oat cake, made with fresh oranges from her yard. Shan has always had a seemingly endless source of terrific recipes. So I am not surprised that she's decided finally to put them down in a book - let alone three books! I suspect her divine culinary skills will have the same effect on others who discover the Mediterranean, Pacific Rim and Diet editions of her Fast and Fabulous Gourmet Cookbook series. As a writer and editor with 25 years of experience at the Orange County Register and the Los Angeles Times, I am happy to recommend these cookbooks and the delicious recipes on every page." -Jim Hollander