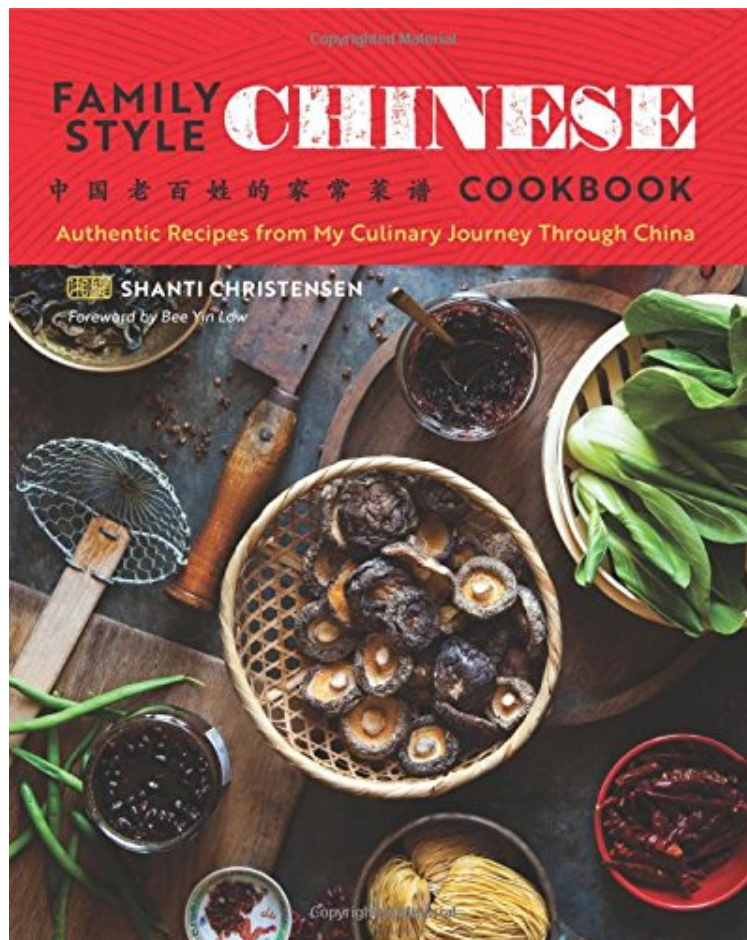


[Free download] Family Style Chinese Cookbook: Authentic Recipes from My Culinary Journey Through China

Family Style Chinese Cookbook: Authentic Recipes from My Culinary Journey Through China

Shanti Christensen

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Shanti Christensen : Family Style Chinese Cookbook: Authentic Recipes from My Culinary Journey Through China before purchasing it in order to gauge whether or not it would be worth my time, and all praised Family Style Chinese Cookbook: Authentic Recipes from My Culinary Journey Through China:

6 of 6 people found the following review helpful. Yasss! My new favorite cookbook! By Customer An awesome compilation that steps far beyond the standard Chinese cookbook and shares the yummy satisfaction of cooking and eating family style. The cookbook is beautifully designed and recipes are easy to follow. Just cooked the three-colored shredded chicken and the eggplant and green beans--- so delicious and easy to follow. 7 of 7 people found the following review helpful. A Treasure! By Anna Beautiful photos, colorful stories and amazing recipes! This book well researched and written with true love of Chinese culture. I like the helpful section on ingredients, equipment and

family table etiquette. 6 of 6 people found the following review helpful. Infectious enthusiasm
By David A
Even though it's paperback it is a beautifully produced, illustrated and logically presented book. The author writes very well and her infectious enthusiasm shines through every page. I think it's going to open a lot of people's eyes to a whole new culinary world they didn't know existed.

“Family Style Chinese Cookbook is a treasure trove of real Chinese home cooking. But it’s more than just a cookbook?it’s a collection of stories about tradition, ceremony, family, and pride.”?Bee Yinn Low, author of Easy Chinese Recipes Authentic Chinese cuisine is responsible for some of the most tantalizing dishes in the world. And yet, creating these delicious dishes may seem daunting. We’re not talking about westernized Chinese food that you can find in most Chinese cookbooks, but rather the succulent flavors, vibrant aromatics, and bold pairings that define what authentic Chinese food truly is. Shanti Christensen knows a thing or two about what makes Chinese food authentic. As food editor for Time Out Beijing and an avid traveller, Shanti soaked up China’s culture and food. But the best cuisine she experienced wasn’t from five-star restaurants, but rather from the family kitchens of locals. Family Style Chinese Cookbook is an assemblage of family recipes that Shanti collected during her time with families throughout China. Presented alongside endearing stories, these recipes form a Chinese cookbook that evokes a truly unique experience to excite your curious spirit and surprise your adventurous palate. With Family Style Chinese Cookbook you’ll find everything you need to cook home-style Chinese food from your very own kitchen, including: High quality, authentic, Chinese family heirloom recipes Cooking tips based on your personal preferences, and suggested variations for hard to find ingredients Guidance for stocking up on Chinese pantry essentials and finding unique ingredients Overview of essential equipment commonly required for proper recipe preparation such as a glazed clay pot, wok, and mandoline Simplified instructions of basic cooking techniques including those for tenderizing meat, stir-frying, parboiling, and braising In China, food brings people together. With the ease and simplicity of Family Style Chinese Cookbook, you and yours will savor the bold flavors, sweet aromas, and warm connection that can be offered through authentic Chinese cooking.

"Shanti's quest to learn authentic Chinese cooking led her into 40 families over 3 years and culminated in this treasure trove of family recipes. Her superb story telling makes us feel like an extended family, privy to secrets that have been passed down for generations."—Wok Star Eleanor Hoh, cooking teacher, entrepreneur, wokstar.com
About the Author Shanti Christensen grew up in Stockton, California. With a degree in graphic design from University of California, Davis, Shanti worked as a digital marketing consultant. Following her curiosity about how other people in the world live and eat, she cut loose in 2005 to travel across Asia and live in Beijing. She started ShowShanti.com to document her food explorations in China and was the food editor for Time Out Beijing. She currently works as a freelance graphic designer in the Bay Area. Shanti loves cooking for friends and family and telling stories. This is her first cookbook. Bee Yinn Low is the author of Easy Chinese Recipes and Easy Asian Takeout and the publisher behind the hugely successful and popular Asian recipes site RasaMalaysia.com, the largest independent Asian recipes blog on the web. Her passion for food and cooking has turned her into an Asian food authority, and her easy, tried and tested recipes have earned her many accolades.