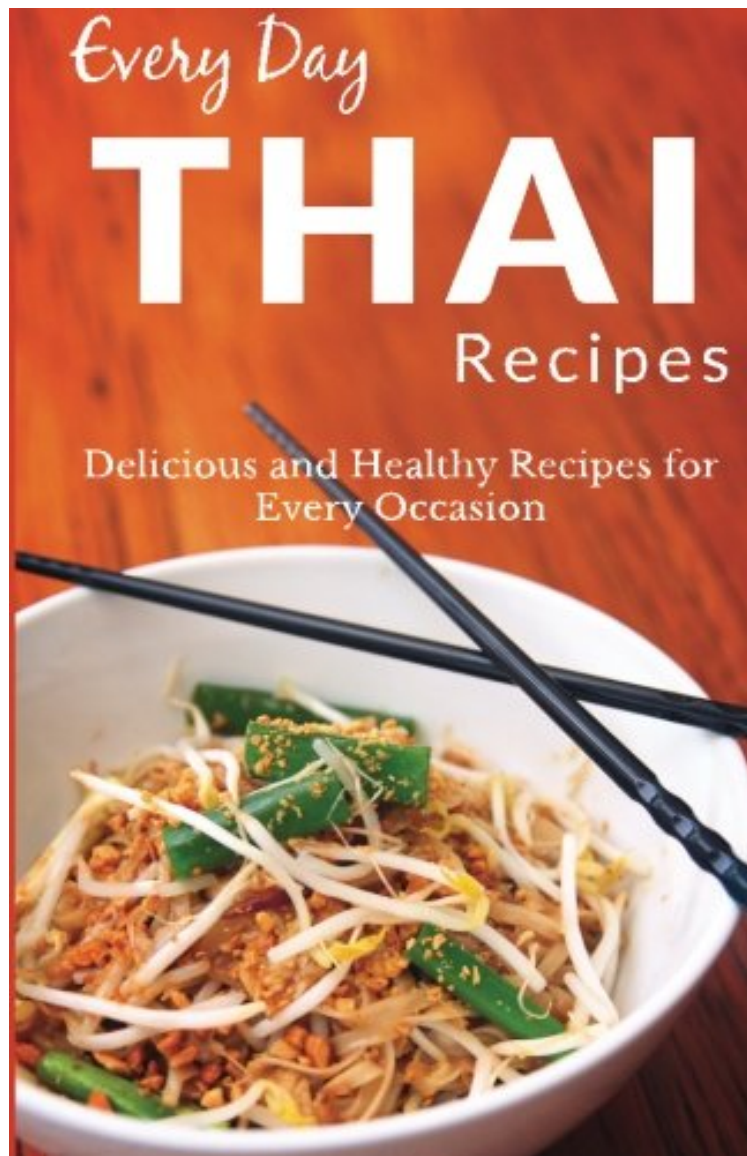


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Every Day Thai Recipes: The Beginner's Guide for Breakfast, Lunch, Dinner, and More (Every Day Recipes)

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Every Day Thai Recipes: The Beginner's Guide for Breakfast, Lunch, Dinner, and More (Every Day Recipes):

Thai cuisine is one of the most popular and trendy ethnic foods because of its unique flavor profiles and powerful ingredients. Balancing sour, sweet, salty, and bitter flavors creates a meal that is complex in flavor while satisfying everyone's needs. Thai cuisine has gained popularity quickly in part because it is meant to be enjoyed in a group, making it a fun experience that evokes a festive atmosphere. Eating alone in Thai culture is even considered to be bad luck, making the group experience all important. Sharing a wide variety of dishes is what truly makes Thai cuisine unique, and the balance of flavors between the many dishes is very important. There are many complex flavors and ingredients that are completely unique to this cuisine, and how they are combined to create balance and complexity is extremely important. What's the best way to start cooking these wonderful Thai foods? With Every Day Thai Recipes of course! Information teaching you about the rich history behind Thai food as well as common ingredients and the health benefits of eating Thai dishes is just the start. Learning how to make a variety of Thai and Thai inspired dishes can open up a whole new world of cooking for you. So grab your apron, and remember, look in the back for the secret Golden Canary ingredient!