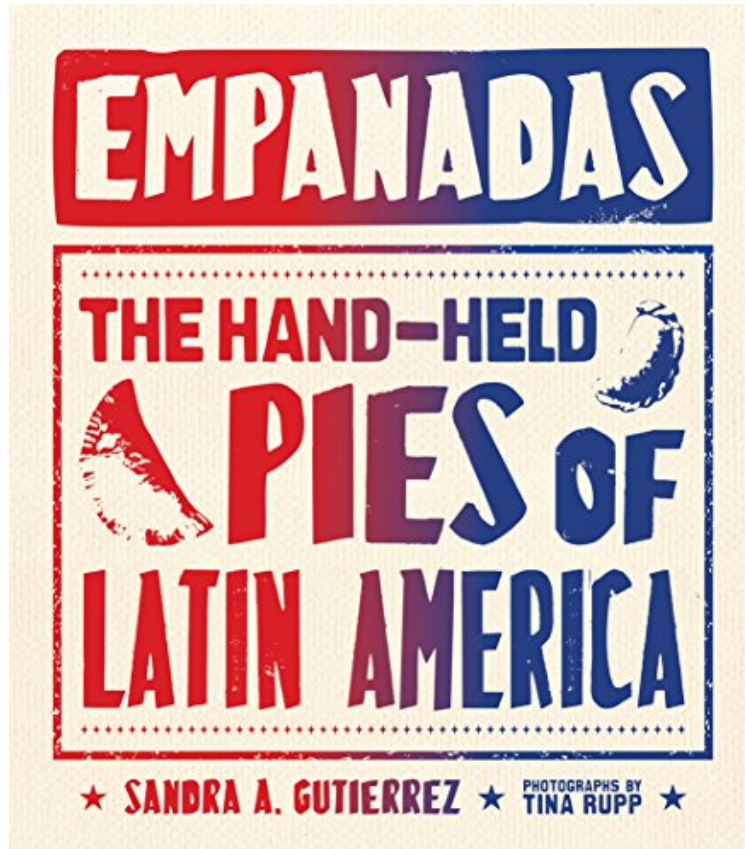


## Empanadas: The Hand-Held Pies of Latin America

*Sandra Gutierrez*

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**Sandra Gutierrez : Empanadas: The Hand-Held Pies of Latin America** before purchasing it in order to gage whether or not it would be worth my time, and all praised Empanadas: The Hand-Held Pies of Latin America:

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Found from New York to Los Angeles, from Mexico to Brazil and into the Latin Caribbean, empanadas are the most widely eaten hand-held pies in the world. They can be filled with a marvelous array of ingredients featuring simple, vibrant flavors and can make a perfect snack, everyday meal, decadent dessert, or great party fare. Empanadas offers a collection of the most delicious recipes and essential tips on creating the perfect mini pie for any occasion, from Argentinian cheesy spinach empanadas, crispy Mexican chorizo and potato pies with tomatillo salsa, and flaky Brazilian shrimp and tomato empanadas to Costa Rican empanaditas stuffed with gooey pineapple jam. With an

introduction on the history of empanadas, a lesson on dough types and folding techniques, 60 succulent recipes, and mouthwatering color photographs throughout, *Empanadas* is a beautiful, practical, and definitive guide to making, serving, and enjoying everyone's favorite hand-held pie.

"Good things come in small packages, as Sandra Gutierrez shows in her appetite-rousing book. It is stuffed with a huge range of little pies, from the very authentic to cutting edge. I learned something about Latino culture and cooking on virtually every page."