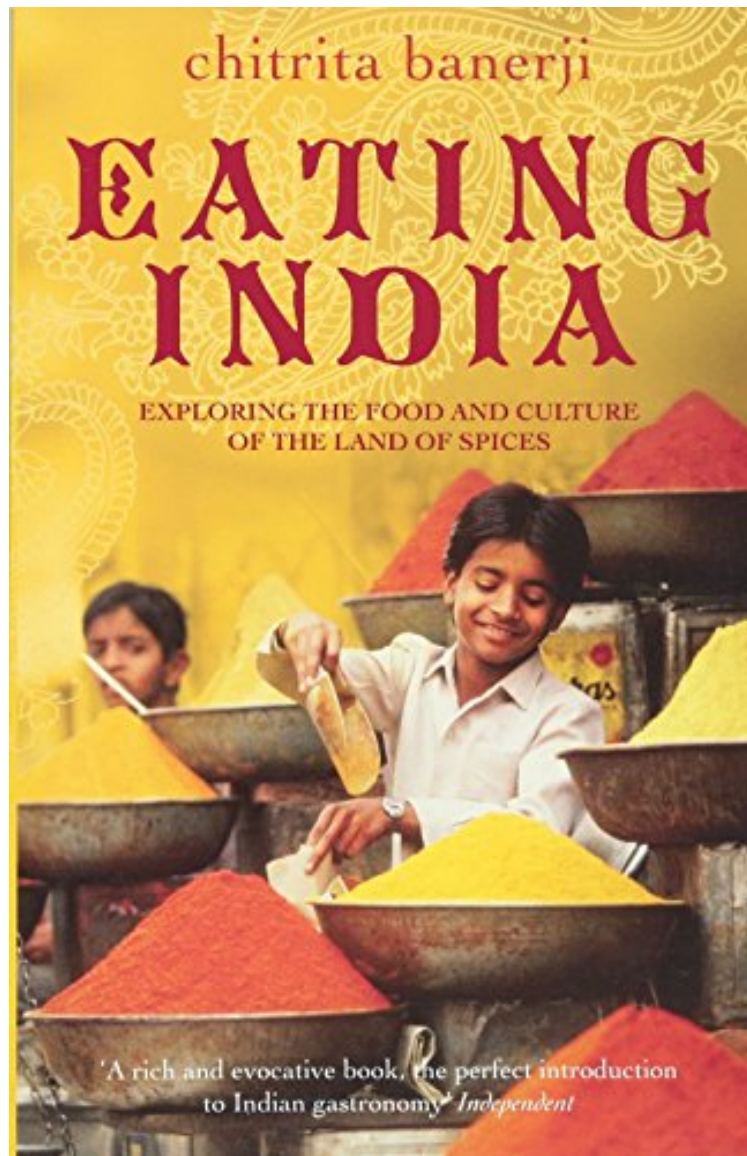


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## Eating India: Exploring the Food and Culture of the Land of Spices

Chitrta Banerji

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**Chitrta Banerji : Eating India: Exploring the Food and Culture of the Land of Spices** before purchasing it in order to gage whether or not it would be worth my time, and all praised Eating India: Exploring the Food and Culture of the Land of Spices:

0 of 0 people found the following review helpful. A Heavy MealBy RockBAAZThis book deals with quite an interesting subject. For those of us who live to eat (as opposed to those who eat to live), the history of food is often just

as important as the food itself. While this food is by no means a comprehensive account of various cuisines that is available in India, it still makes for an interesting journey through the length and breadth of India, exploring the culture of the land through its food. A good read. Could do with a few spoons of humour though - to liven it up a little bit. 0 of 0 people found the following review helpful. Great book. Very interesting. By mwh Great book. Very interesting.

In *Eating India*, the award-winning writer Chitrira Banerji takes us on a thrilling journey through a national food formed by generations of arrivals, assimilations and conquests. In mouth-watering prose, she explores how each wave of newcomers brought innovative new ways to combine the subcontinent's rich native spices, poppy seeds, saffron and mustard with the vegetables, fish, grains and pulses that are the staples of the Indian kitchen. Along the way, she visits traditional weddings, tiffin rooms, city markets, roadside cafes and tribal villages, to find out how India's turbulent history has shaped its people and its cuisine. Beautifully illustrated throughout, *Eating India* will stand as an authority on Indian food for years to come.

'A rich and evocative book, the perfect introduction to Indian gastronomy' Independent 'An exhaustive, salivating, hunger-inducing history of the varying regional cuisines of India ... *Eating India* pulses with life - enveloping the reader in the scent, taste, heat and flavour of an ancient cuisine' Sunday Telegraph 'Thoughtful, well-expressed, informative ... the description of spices and flavours leaves you yearning for the foods themselves' Guardian 'An education and a pleasure' Scotsman About the Author Chitrira Banerji grew up in Calcutta and received her master's degree in English from Harvard University. She is an internationally recognized writer on Bengali food, and is the author of *Life and Food in Bengal*, *Bengali Cooking*, and *Feeding the Gods*. A two-time winner of Sophie Coe awards in Food and History, she has written about food for *Gourmet*, *Granta* and the *American Prospect* among others. She lives in Cambridge, Massachusetts.