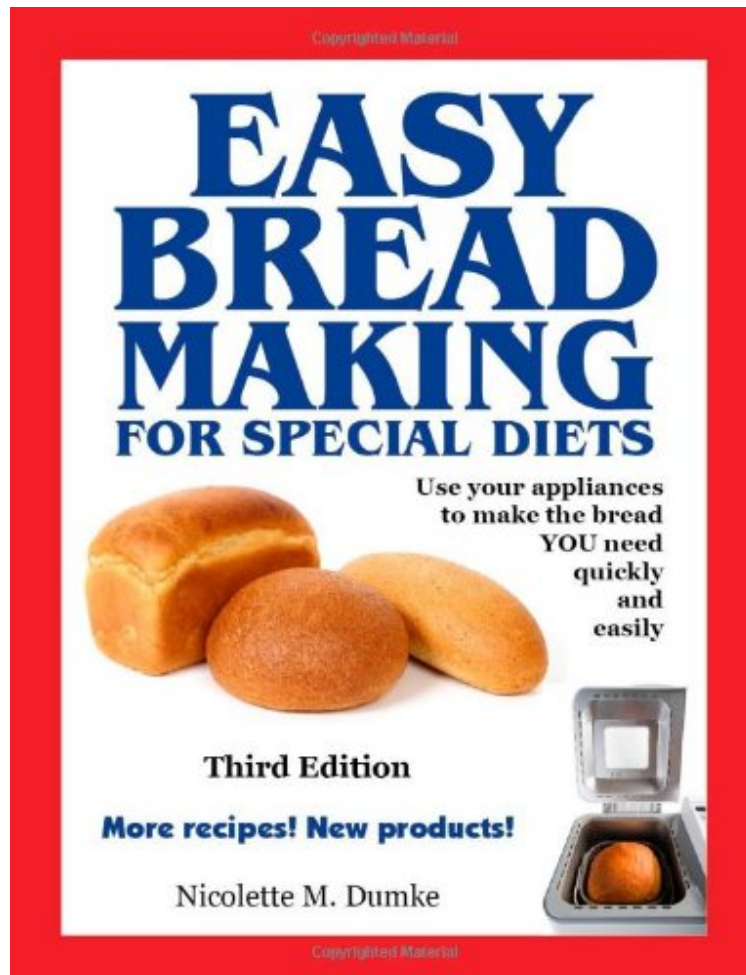


Easy Breadmaking for Special Diets, Third Edition

Nicolette M. Dumke

**Download PDF | ePub | DOC | audiobook | ebooks*



 Download

 Read Online

#2763143 in Books Allergy Adapt, Inc. 2011-10-04Original language:EnglishPDF # 1 9.69 x .52 x 7.441, .98
#File Name: 1887624201246 pages | File size: 77.Mb

Nicolette M. Dumke : Easy Breadmaking for Special Diets, Third Edition before purchasing it in order to gage whether or not it would be worth my time, and all praised Easy Breadmaking for Special Diets, Third Edition:

1 of 1 people found the following review helpful. Bread makingBy CustomerThis cook book does have a lot of bread recipes and with many modifications for different diets etc. However, since this is not the first printing the references go to the wrong pages and you have to search for the correct page. This is really a bread machine book not a regular bread making book. There are about 10 recipes here that you can make without a bread machine and even though the author states that all recipes can be made with a food processor or Kitchenaid type mixer, it really is not accurate. I am an experienced baker and bread maker and found the recipes need to be tweaked for non bread machine application.0 of 0 people found the following review helpful. Very Helpful CookbookBy Jennifer CampbellI haven't made any bread yet, but by reading this book carefully I can see it will be a great help in making bread with non wheat grains in a bread machine, which I've heard can be quite a challenge.1 of 1 people found the following review helpful. Not what

I was looking for By Leanne McIt didn't cover my special diet, but it was interesting. (Candida-free, yeast free, sugar free)

Has a gluten-free, food allergy, or other special diet made you give up your favorite breads, snacks, and desserts? Now you can have them again and make them quickly and easily by using a bread machine or other appliances. Easy Breadmaking for Special Diets contains over 235 recipes for allergy, gluten-free, heart healthy, low fat, low sodium, yeast-free, diabetic, and controlled carbohydrate weight loss diets. Put zest back in your diet - and life - with recipes for your favorite foods, complete with nutritional analyses and diabetic exchanges. Imagine having breads of all kinds including sweet breads and sourdough, rolls and buns, coffee cakes, cinnamon rolls, heart-healthy baked doughnuts, sweet treats of many other kinds (all sweetened without sugar), and main dishes such as pizza and Mexican foods. Use your bread machine, food processor, mixer, or tortilla maker to make the bread YOU need quickly and easily.